



Market Road
Thrapston, Northants
NN14 4JU

Telephone:
01832 732512

Headteacher
Pauline Turner

Thrapston Primary School

A FOUNDATION SCHOOL

29th January 2021

Dear Parents and Carers,

Well we have reached the end of week 4. As staff we have been so impressed with all the work the children have shared on emails, through the ILD's and the engagement with Teams teaching.

What you as parents and carers have been asked to do over the last few weeks is a nearly impossible task. There is a reason that we are either working parents, part-time parents or stay at home parents. Working, parenting and teaching are three very different jobs and cannot be done at the same time.

It is not hard because you are doing it wrong, it's hard because it's so much. Remember that, just do the best you can!

Engage with what you can, when you can and don't feel guilty if somethings get missed. Find what works best for you and your family during this time.

Share a book, watch a film, play in the snow, bake a cake, take a nap!

If you have to choose, because at some point you will, choose being together. Choose playing a game over arguing about schoolwork. Choose teaching your child how to make a cheese sandwich rather than feeling frustrated that they aren't helping. Choose laughing, cuddling and reminding the children that they are safe.

If you feel yourself getting stressed (because you will), lower your expectations where you can and ask for help. Your child's teacher will check in with you if they have not seen your child online or had any email communication from you. Please be assured that this is a check in and not a check-up.

We are in this together to stay well. That means mentally too.

Thank you once again for your continued support and positive feedback.

Kind Regards

Mrs Pauline Turner
Headteacher