

WEEK BEGINNING- 15th April, 6th May,
17th June, 8th July,
9th Sep, 30th Sep,
21st Oct



PRIMARY LUNCH MENU

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Lightly Battered Chicken Chunks Served with Skin on Wedges & a Choice of Vegetables <i>Gluten, Sulphites</i>	Brunch Lunch – Sausage, Bacon, Egg, Beans & Hash Brown <i>Gluten, Egg, Sulphites</i>	Roast Gammon with Yorkshires, Mash/Roast Potatoes, Gravy & a Choice of Vegetables <i>Sulphites, Gluten, Eggs, Milk</i>	Ham & Cheese Pasta Bake served with Garlic Bread & a Choice of Vegetables <i>Milk, Gluten, Mustard, Sulphites</i>	Battered Fish Served with Chips & a Choice of Vegetables <i>Gluten, Fish</i>
VEGETARIAN	Quorn Dippers Served with Skin on Wedges & a Choice of Vegetables <i>Gluten, Egg, Sulphites</i>	Homemade Cheese & Tomato Omelette Served with Diced Potatoes & Vegetables <i>Gluten, Egg</i>	Veggie Sausage Roast with Yorkshires, Mash or Roast Potatoes, Gravy & a Choice of Vegetables <i>Gluten, Eggs, Milk, Sulphites</i>	Tomato & Basil Pasta Bake Served with Garlic Bread & a Choice of Vegetables <i>Celery, gluten, milk</i>	Cheese & Tomato Pizza Served with Chips & a Choice of Vegetables <i>Gluten, Milk</i>
PACKED LUNCH	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>
JACKET POTATOES	Baked Beans	Cheese <i>Milk</i>	Tuna <i>Egg, Fish</i>	Cheese <i>Milk</i>	Baked Beans
THE FINALE	Chocolate Crunch Cake <i>Milk, Egg, Gluten</i> Yoghurt <i>Milk</i> Fruit Jelly	Banana & Toffee Sponge <i>Egg, Gluten</i> Yoghurt <i>Milk</i> Fruit Mousse <i>Milk</i>	Treacle Sponge <i>Egg, Gluten</i> Yoghurt <i>Milk</i> Fruit Cheese Pot <i>Milk</i>	Ginger Biscuit <i>Gluten</i> Yoghurt <i>Milk</i> Fruit Mousse <i>Milk</i>	Vanilla Cup Cakes <i>Milk, Egg, Gluten</i> Yoghurt <i>Milk</i> Fruit Jelly

WE CAN OFFER DIETARY ALTERNATIVES, PLEASE ASK FOR DETAILS
FRESH BREAD, FRESH FRUIT, YOGHURT AND SALAD AVAILABLE EVERYDAY

WEEK BEGINNING- 22nd April, 13th May,
3rd June, 24th June,
15th July, 16th Sep,
7th Oct, 28th Oct



PRIMARY LUNCH MENU

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sausage Roll Served with Diced Potatoes & a Choice of Vegetables <i>Gluten, Milk</i>	Mild Mexican Beef Chilli Served with Rice, Tortillas & a Choice of Vegetables <i>Gluten</i>	Roast Pork & Stuffing with Yorkshires, Roast Potatoes/Mash, Gravy & a Choice of Vegetables <i>Sulphites, Gluten</i>	Turkey Meatballs in a Tomato Sauce Served with Pasta and a Choice of Vegetables <i>Celery, Gluten</i>	Salmon Fish Cake Served with Chips, Peas, Baked Beans <i>Gluten, Fish</i>
VEGETARIAN	Veggie Sausage Roll Served with Diced Potatoes & a Choice of Vegetables <i>Gluten</i>	Roasted Vegetable Wrap Served with Potato Wedges & a Choice of Vegetables <i>Gluten, Milk, Sulphites</i>	Pizza Pin Wheel, Mash or Roast Potatoes, & a Choice of Vegetables <i>Gluten, Milk, Sulphites, Celery</i>	Italian Tomato & Pepper Frittata Served with Salad or Vegetables <i>Milk, Egg</i>	Southern Fried Quorn Burger Served with Chips, Peas or Beans <i>Gluten, Egg, Soya, Milk</i>
PACKED LUNCH	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i>
JACKET POTATOES	Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>
THE FINALE	Baked Beans	Cheese <i>Milk</i>	Tuna <i>Egg, Fish</i>	Cheese <i>Milk</i>	Baked Beans
	Strawberry & Vanilla Sponge <i>Milk, Egg, Gluten</i>	Chocolate Sponge <i>Milk, Egg, Gluten</i>	Apple and blackberry crumble <i>Milk, Egg, Gluten</i>	Lemon shortbread <i>Gluten</i>	Orange Cup Cakes <i>Milk, Egg, Gluten</i>
	Yoghurt <i>Milk</i>	Yoghurt <i>Milk</i>	Fruit Pots	Yoghurt <i>Milk</i>	Yoghurt <i>Milk</i>
	Fruit	Fruit	Yoghurt <i>Milk</i>	Fruit	Fruit
	Jelly	Mousse <i>Milk</i>	Fruit	Mousse <i>Milk</i>	Jelly
			Cheese Pot <i>Milk</i>		

WE CAN OFFER DIETARY ALTERNATIVES, PLEASE ASK FOR DETAILS
FRESH BREAD, FRESH FRUIT, YOGHURT AND SALAD AVAILABLE EVERYDAY

WEEK BEGINNING- 29th April, 20th May,
10th June, 1st July,
22nd July, 2nd Sep,
23rd Sep, 14th Oct



PRIMARY LUNCH MENU
WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Seasoned Beef Burger with Diced Potatoes & a Choice of Vegetables <i>Celery, Gluten, Soya</i>	Chicken Korma Served with Naan, Rice & a Choice of Vegetables <i>Gluten, Mustard</i>	Roast Turkey & Stuffing with Yorkshire Pudding, Mash or Roast Potatoes, Gravy & a Choice of Vegetables <i>Gluten, Eggs, Milk, Sulphites</i>	Sweet and Sour Chicken Hong Kong Style Served with Rice, Prawn Crackers & a Choice of Vegetables <i>Gluten, Crustaceans, Soya</i>	Breaded Fish Fingers Served with Chips & a Choice of Vegetables <i>Gluten, Fish</i>
VEGETARIAN	Cheese & Onion Pasty with Diced Potatoes & a Choice of Vegetables <i>Gluten, Milk, Mustard</i>	Root Vegetable Korma Served with Naan, Rice & a Choice of Vegetables <i>Gluten, Mustard</i>	Veggie Sausage Roast with Yorkshires, Mash or Roast Potatoes, Gravy & a Choice of Vegetables <i>Gluten, Eggs, Milk, Sulphites</i>	Quorn Bolognaise Served with Pasta, Garlic Bread & a Choice of Vegetables <i>Celery, Gluten, Celery</i>	Cheese & Tomato Pizza Slice Served with Chips & a Choice of Vegetables <i>Gluten, Milk</i>
PACKED LUNCH	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>	Ham, Cheese, Tuna & Dessert <i>Gluten, Milk, Egg, Fish</i> Cucumber/Carrot/Pepper/Hummus <i>Sesame</i>
JACKET POTATOES	Baked Beans	Cheese <i>Milk</i>	Tuna <i>Egg, Fish</i>	Cheese <i>Milk</i>	Baked Beans
THE FINALE	Fruit Flapjack <i>Gluten</i> Yoghurt <i>Milk</i> Fruit Jelly	Lemon Drizzle Cake <i>Gluten, Egg, Milk</i> Yoghurt <i>Milk</i> Fruit Mousse <i>Milk</i>	Raspberry & white choc Cookie <i>Gluten, Milk</i> Fruit Pots Yoghurt <i>Milk</i> Fruit	Caramel & Ginger Sponge <i>Gluten, Egg, Milk</i> Yoghurt Fruit <i>Milk</i> Mousse <i>Milk</i>	Chocolate cup Cakes <i>Gluten, Egg, Milk</i> Yoghurt <i>Milk</i> Fruit Jelly

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