

### What I should already know

- ◆ Sikhism is a faith followed by Sikh people.
- ◆ The Guru Granth Sahib is the Sikh holy book.
- ◆ Sikhs worship in a Gurdwara.

### Key Vocabulary

Five Ks: Five physical symbols of faith worn by Sikhs.

Gurdwara: Place of worship for Sikhs.

Guru: Teacher within Sikhism.

Guru Granth Sahib: Final Guru and holy book for Sikhs.

Kesh: uncut hair,

Kara: iron/steel bracelet

Kanga: wooden comb

Kirpan: small, blunt knife

Kachera: under-shorts

Langar: the dining hall in the Gurdwara.

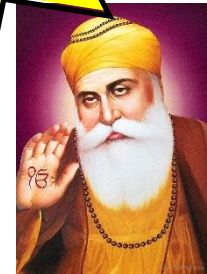
Seva: selfless service.

Sikh: a person who follows the Sikh religion.

Sikhism: a religion founded in India.

### Sikhism in Britain:

*What do Sikhs believe and how do they demonstrate their faith?*



### RE Skills and Enquiry

- ◆ Give simple definitions of some key religious terminology
- ◆ Make connections between beliefs and the way people live
- ◆ Identify how and say why it makes a difference to people's lives to believe in God
- ◆ Suggest why having a faith or belief in something can be hard
- ◆ Explore and suggest ideas about what is worth celebrating and remembering in religious communities and in their own lives

### What I Am Going to Learn:

- ◆ Where and when the Sikh religion was founded.
- ◆ Sikhs go to the Gurdwara and this brings people together.
- ◆ What a guru is and who were the Sikh gurus.
- ◆ What is the Guru Granth Sahib and how it is treated by Sikhs today.
- ◆ What the 5 K's are and why they are significant in the Sikh faith.
- ◆ What a Langar is.

### By the end of this unit I Should Know:

- ◆ Where Sikhism began.
- ◆ Who the Sikh gurus were and why they were chosen.
- ◆ What a Langar is and how it demonstrates some of the Sikh beliefs.
- ◆ What the 5K's are and why some Sikhs wear them.