



21st July 2023

Dear Parents and Carers

Well here's to another academic year completed and what a fantastic one it's been! Not only has it been packed with plenty of learning opportunities and fun, we've also had Ofsted visit us and acknowledge everyone's hard work with a 'Good' rating. Let's not forget that we also achieved the Wellbeing For Schools Award. We are so proud of how the children have represented our school.

We're also at the time where we have to say "goodbye" to our lovely Year 6's as they go off on their new adventures. We wish them all the best in their new schools and want them to remember to 'Always be the best version of themselves that they can be.'

Although we know most of us are looking forward to having time at home with our families, enjoying lazy mornings with no alarms and long days in the sunshine (or rain!), we also know it can be a difficult and worrying time for some. With the cost of living crisis hitting people hard, finding affordable and fun things to do can fill us with guilt at not being able to provide what we would like to. Always remember, children don't remember the money spent on them, they remember the love and time you spend with them. A simple walk in the woods, sports day with friends at the park, a game of rounders or having a nature treasure hunt will all be remembered fondly and thoroughly enjoyed.

We felt it would be a good time to remind you of all the services that are there to support you or your children throughout the summer holiday and coming in to the new school year. We have put together a list of Support Services for children and families below, which we hope you will find helpful. Please do get in touch if you feel you need any additional support.

If you have any concerns about your child, during school terms, we would always recommend contacting the class teacher in the first instance. The Pastoral Care Team, are also here for support and we can offer a listening ear, advice or signposting on to other services. If you are having any issues with attendance or feel you need support with the return to school, we are also here to work with you.

This term we have also welcomed Miss Kristina Graham into The Pastoral Care Team, in the role as Designated Safeguarding Lead.

The Pastoral Care Team are listed below:

swebb@thrapston.net (SENCO/AHT) kgraham@thrapston.net (Designated Safeguarding Lead)

cgolding@thrapston.net (Pastoral Manager) jgothard@thrapston.net (Pastoral Support Assistant)

With best wishes, The Pastoral Care Team (PCT)

Sharon Webb, Kristina Graham, Claire Golding and Julie Gothard



Worried about your child's wellbeing, physical or mental health.

Children's Services NHS 0-19 Team <https://www.nhft.nhs.uk/0-19>

0800 170 7055

Wellbeing support and advice videos are also available online

<https://www.youtube.com/playlist?list=PLRSUkc3BoFgaDSCAmAidaO0X0-rh6cnei>

Young Minds

<https://www.youngminds.org.uk/about-us> Parent Helpline 0808 802 5544

Youth Works

<https://www.youthworksnorthamptonshire.org.uk>

Banardo's – See, hear, Respond HUB

<https://www.barnardos.org.uk/>

Support for families and parents/carers

Adult mental health navigators

<https://www.nhft.nhs.uk/mentalhealth-number>

0800 4480828 – 24hrs/day

MIND mental health info line 0300 123393

Samaritans 116 123 – 24hrs/day

Thrapston Food Bank

Located at Thrapston Baptist Church, St Pauls Gardens NN14 4FE

Walk ins every Tuesday afternoon between 1pm and 3pm.

School can also make referrals for you.

Emergency packages out of these hours wherever needed.

Email: thrapstonfoodbank@gmail.com

www.facebook.com/ThrapstonFoodbank 07907 343373

Facebook Group - Thrapston Primary Uniform Swap

Swapping and donations of outgrown school essentials. Alternatively, we are always happy to take donations into The Hub, so please contact us and we can make arrangements with you.

You can also contact Claire Golding/Julie Gothard at school if you need any support with uniform as we have a bank of supplies in the HUB and we may be able to help.

Northamptonshire Domestic Abuse Service

<https://ndas.co/>

Helpline: 0300 0120154

For any general enquires, email: info@ndas-org.co.uk

For advice and support, email: advice@ndas-org.co.uk

Family Lives

<https://www.familylives.org.uk/>

Parent Helpline 0808 800 2222

Find advice on all aspects of family life, from relationships, special educational needs, fostering, step families, to holidays and online safety.

Place2Be

<https://parentingsmart.place2be.org.uk/>