

## **P.E**.

## Intent:

At Thrapston Primary School, physical education is an integral part of our curriculum that is inclusive and engages all pupils. Children develop the knowledge, skills and competence to excel in a broad range of sports and physical activities.

We aim to deliver high-quality teaching and learning opportunities that enables all children to achieve their personal best.

Children participate in competitive sport and we teach them to transfer our school values to the sporting activity, ensuring they do their best and display good sportsmanship.

We aim for all children to be physically active for sustained periods of time and be able to make informed decisions to lead healthy and active lives.

Swimming is an important life skill, we aspire for all children to leave primary school being able to swim at least 25 metres.

We link our PE curriculum to the ideals of Cultural Capital in several different ways, through our links with Mintridge, we have had sporting ambassadors visit the school and give masterclasses to our children offering expert coaching. Lizzie Simmonds conducted an elite swimming training session to our swimming team who went on to win the County Championship and gave lessons to our year 3 children who had swimming lessons at the Nene Centre.

Every week swimming is taught to our children by specialist swimming teachers at the Nene Centre which allow many of the children access to further swimming lessons outside of school.

Ben Brown came in and gave cricket masterclasses to our Year 4 children and offered some specialist training to our girls' cricket team before they went on to compete in the county finals and our children participated in a cricket coaching festival prior to the last World Cup at Northampton County Cricket Club.

Specialist instructors from Fiesta Sports have come into schools to work alongside our teaching staff to mentor them to help deliver high quality PE lessons.

We have also signed up to Primary Premier League All Stars programme through Northampton Town FC and their instructors come in and work with the children offering PE coaching to children, PE support to staff and Mentoring activities with vulnerable children.

We have arranged for Danelle Brown and Kadija Safari to visit our school to offer inspirational assemblies on how to succeed I elite sport and Danielle Brown will offer some archery training to some of our more capable archers in the school who, because of Covid, were denied the opportunity to participate in the County Archery Tournament last year.

## Implementation:

- Children participate in high-quality PE lessons twice a week covering two different sports/skills per term.
- Teachers use, and adapt, the Cambridge PE Curriculum planning and resources to ensure lessons across years show progression.
- Classes follow the PE overview to ensure pupils participate in a variety of sports.
- Children participate in a variety of competitive sports as part of the Corby, Oundle and Thrapston School Sports Partnership.
- Thrapston Primary School has built active links with a range of local and professional sports clubs including Northampton Town Football Club, Northampton Saints Rugby Club, Thrapston Tennis Club, Raunds Archers, Thrapston Swimming and Thrapston Town Football and Cricket Clubs.
- Thrapston Primary School has professional sporting ambassadors visit the school to deliver life workshops and motivational assemblies guests include Paul Canoville, Lizzie Simmonds, Danielle Brown, Ben Brown, Beth Tweddle and Louis Smith. With visits from Danielle Brown and Khadija Safari taking place in July 2021.
- Thrapston Primary School attend sports festivals for Key Stage 1 and 2 and have participated successfully in virtual sporting competitions all through the pandemic.
- The school has signed up for the Premier League Primary All Stars with Northampton Town Football Club and receive mentoring for vulnerable students and support with PE from one of their community teachers.
- Thrapston Primary School works closely with Fiesta Sports who provide a wide range of after school sports clubs and PE support in a wide range of sports across the school.
- Children attend swimming lessons in Year 4 and catch up swimming is being introduced in Year 6.
- We provide children with opportunities to participate in extra-curricular activities that are inclusive, enjoyable and increase children's physical activity. SEND sports clubs are offered to both KS1 and KS2 pupils. These are provided both by outside agencies (Fiesta) and TPS teaching staff.
- Children engage in a wide range of activities and sports, and we hold an annual sports day for EYFS, KS1 and KS2 children.
- We develop cross curricular links where possible to deliver an active and healthy curriculum. Children take part in active Maths across the school and go noodle, spelling aerobics and dance through Charanga music lessons is also carried out in Key Stage 1.
- Coaches from Fiesta Sports are utilised at lunchtime to support PE activities and lots of equipment has been purchased to encourage movement and physical activity in the playground.
- In EYFS an outside learning area has been created to encourage movement and physical activity.

## Impact:

At Thrapston Primary School, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. All children are provided with the skills and given opportunities to demonstrate improvement to achieve their personal best. Our pupils are physically active and this has positive implications on their learning in the classroom.

Children understand how to lead a healthy lifestyle and understand the importance of exercise.

We want our children to enjoy PE and develop a love of sport, and physical activity, that they pursue outside of school and in future life outside of primary school.

All pupils understand the values and importance of fair play and being a good sportsperson. Year 6 pupils leave school with the skills to swim 25 metres competently.

Monitoring of the quality of the curriculum is carried out by the PE lead and CPD has been given through COTSSP (Corby, Oundle, Thrapston School Sports Partnership), Fiesta Sports and Northampton Town Football Club.

We have maintained our Gold mark for the fourth year in succession.