

25th September 2020

Dear Parents and Carers

Friday 9th October is World Mental Health Day, and in order to raise awareness about mental health, we are inviting the children to come into school wearing MUFTI and something yellow, on this day. This was a really positive and successful day last year and we are looking forward to celebrating World Mental Health Day again as a school community, especially after such a long time apart from each other.

We want everyone to wear something yellow. Whether you chose a subtle splash of colour, or dress like sunshine from head to toe, together we can show young people they are not alone with their mental health. Something as simple as yellow socks, a yellow hair band or even a homemade badge will be enough to help fill our school with yellow, or you can go the whole way with a complete yellow outfit!

As part of this day, we will be raising funds for the mental health charity, YOUNGMINDS, which supports children, young people and their families, and a voluntary donation of £1.00 on the day would be gratefully received.

We are looking forward to seeing our school community dressed in a sea of yellow on this day and thank you for your ongoing support.

The Pastoral Care Team

Sharon Webb (SEND CO)

Zoey Boon (Pastoral Support Worker)

Claire Golding (Family Support Worker)

ABOUT YOUNGMINDS

We're leading the fight for a future where all young minds are supported and empowered, whatever the challenges. We're here to make sure they get the best possible mental health support and have the resilience to overcome life's difficulties.

www.youngminds.org.uk

