

Physical development

Below is a summary of the key areas of coverage for the Physical Development area of Cultural Capital Development:

1. Healthy Eating policies and catering provision;
2. Anti-bullying and safeguarding policies and strategies;
3. The Health Education dimension of the CPSHE programme
4. The extra-curricular programme related to sports and well-being;
5. The celebration of sporting achievement including personal fitness and competitive sport;
6. Cycling proficiency training and Cycling to School Safely protocol;
7. Activities available for unstructured time, including lunch and break times;
8. Activity-based residential;
9. The curricular programme related to food preparation and nutrition;
10. Advice & Guidance to parents on all aspects of pupil lifestyle;
11. The promotion of walking or cycling to school.