|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Week 1* | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| Main | Breaded Chicken Burger in a bun **(Cg,E,M)** | Italian Pork Meatballs in a tomato sauce **(Cg)** | Breaded Fish fingers **(F,Cg)** | Filled Jacket Potato | Pepperoni Pizza Slice **(Cg,M)** |
| Vegetarian | Creamy Pesto Pasta Pot **(Cg,M)** | Veggie Balls **(E,Cg)** | Red Pepper Pasta Pot **(Cg)** |  | Cheese & Tomato Pizza Slice **(Cg,M)** |
| Picnic | Ham/Cheese /Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo |
| Carb | Potato Wedges | Pasta | Potato Pops |  | Chips |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Week 2* | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| Main | Macaroni Cheese **(Cg,M)** | Beef Bolognese | Crispy Chicken Wraps **(Cg)** | Breaded White Fishcake **(Cg,F)** | Hotdog in a roll **(Cg)** |
| Vegetarian | Creamy Pesto Pasta Pot **(Cg, M)** | Veggie Bolognese | Red Pepper Pasta Pot **(Cg)** | Italian Tomato Pasta **(Cg)** |  |
| Picnic | Ham/Cheese /Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo |
| Carb | Bread | Pasta | Rice (50/50) | Potato Puffs | Chips |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Week 3* | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| Main | 100% Beef Burger in a bun **(Cg)** | Chicken Korma **(M)** | Breaded Fish fingers **(F,Cg)** | Pork Sausage Pasta Bake **(Cg)** | Pepperoni Pizza Slice **(Cg,M)** |
| Vegetarian | Creamy Pesto Pasta Pot **(Cg,M)** | Veggie Korma **(M)** | Red Pepper Pasta Pot **(Cg)** |  | Cheese & Tomato Pizza Slice **(Cg,M)** |
| Picnic | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo | Ham/Cheese/Tuna Mayo/Egg Mayo |
| Carb | Potato Wedges | Rice (50/50) | Mini Potato Waffles |  | Chips |

**Allergen codes: Allergens in bold**

**Cg – Cereals containing gluten M – Milk F – Fish Ce – Celery Ss – Sesame seeds Sb - Soya**

**L - Lupin E – Eggs Mu - Mustard Mo – Molluscs C – Crustaceans N – Nut P – Peanut**

**Free from (dairy and gluten) bread, pasta and desserts are also available**

**Please ensure you speak to Gail with regards to any allergens or intolerance’s your child may have.**