

## **Personal development**

Below is a summary of the key areas of coverage for the Personal Development area of Cultural Capital Development:

1. Personal Finance Education;
2. Employability skills
3. Citizenship, Personal, Social and Health Education provision;
4. The school's wider pastoral framework;
5. Growth mindset and metacognition - Resilience development strategies;
6. Transition support;
7. Work to develop confidence e.g. public speaking and interview skills;
8. Activities focused on building self-esteem;
9. Mental Health & well-being provision.